

Memory Clock



What is its purpose:

Easy to read display with customisable alarms to set reminders to complete daily tasks

Why might it be helpful:

Memory Clocks are designed for relieving the stress and anxiety that can build up when unknown events occur, or tasks are forgotten. They can also assist with orientation to time and day.

Who would benefit from it:

Anyone who may require prompts to carry out daily living tasks independently. It can also support carers by limiting the need for repeated reminder calls. .

What do I need to be able to use it:

Alarms need to be set using the control panel to sound at different times, with different chimes and for different lengths depending on your preference or need. They are usually wall mountable or will stand up, and the unit is powered by a mains adaptor.

What are the potential risks:

The person could ignore the alarm and therefore not complete the task. . A carer may not be aware that alarms are being ignored. The person may feel frustrated by it if they do not recognise or understand its purpose

Where can I get one?

Online or through some mobility shops

The one in the righthand picture is the "Day hub" from Relish www.relish-life.com

How much does it cost?

£100 - £200