

Bendable Cutlery



What is its purpose:

Thicker grips allow you to pick them up with ease and provide good stability when using them. They can be bent to select the best angle for use making it easier to control

Why might it be helpful:

Reduces the strain on your hands and wrists. Can promote independence during mealtimes

Who would benefit from it:

Anyone finding reduced mobility or coordination difficulties limits their ability to hold or use cutlery. This may be due to conditions such as Parkinson's disease, Stroke, arthritis or cognitive impairments

What are the potential risks:

The person may still find them difficult to use, unfamiliar or may dislike using something different to others.

What do I need to be able to use it:

The ability to pick up and grip the item. Time may be needed to get used to using something new.

Where can I get one?:

Local Mobility shops or online such as www.completecareshop.co.uk or www.millbrookhealthcare.co.uk

How much does it cost?:

Each item is approx. £10 or a set of four around £30