



Activity Calendar

November 2025

In recognition
of our community
who have helped us by
donating time, money
and support

Thank you

Week 1

Please book all activities online!

Monday 3rd November	10am-11am	10.30am- 11.45am	2pm-3.15pm
	Chatter tables	Craft club	Singing for the soul
Tuesday 4th November	10am-11am	11am-12pm	2pm-3pm
	Chatter tables	Scrabble club	Painting with Lisa
Wednesday 5th November	10am-11am	11am-12pm	2pm-3pm
	Chatter tables	Watercolour	Bingo
Thursday 6th November	10am-11am	11am-12pm	2pm-3.30pm
	Chatter tables	Chairobics	Painting for fun
	10am-12pm		
	Knit and Natter		
Friday 7th November	10am-11am	11am-12pm	2pm-3pm
	Chatter tables	Mindfulness	Carpet bowls

Week 2

Monday 10th November	10am-11am	10.30am-11.45am	2pm-3.15pm
	Chatter tables	No Craft club today	Bingo
Tuesday 11th November	10am-11am	11am-12pm	2pm-3pm
	Chatter tables	Gardening club	Ex-services group
Wednesday 12th November	10am-11am	11am-12pm	2pm-3pm
	Chatter tables	Games club	Singing for the soul
Thursday 13th November	10am-11am	11am-12pm	2pm-3.30pm
	Chatter tables	Chairobics	Painting for Fun
	10am-12pm		
	Knit and Natter		
Friday 14th November	10am-11am	11am-12pm	2pm-3pm
	Chatter tables	Mindfulness	Adrian Acton performance

Week 3

Please book all activities online!

Monday 17th November	10-11am	10.30am-11.45am	2pm-3.15pm
	Chatter tables	Craft club	Singing for the soul
Tuesday 18th November	10am-11am	11am-12pm	2pm-3pm
	Chatter tables	Scrabble club	Painting with Lisa
Wednesday 19th November	10am-11am	11am-12pm	2pm-3pm
	Chatter tables	Watercolour	Bingo
Thursday 20th November	10am-11am	11am-12pm	2pm-3pm
	Chatter tables	Chairobics	Painting for Fun
	10am-11am		
	Knit and Natter		
Friday 21st November	10am-11am	11am-12pm	2pm-3pm
	Chatter tables	Mindfulness	Carpet Bowls

	10am-11am	11am-12pm	2pm-3pm
Monday 24th November	Chatter tables	Craft club	Singing for the Soul
Tuesday 25th November	Chatter tables	Gardening club	Painting with Lisa
Wednesday 26th November	Chatter tables	Games club	Bingo
Thursday 27th November	Chatter tables	Chairobics	Painting for Fun
	10am-11am		
	Knit and Natter		
	Friday 28th November	Chatter tables	Mindfulness

Chatter Tables

Chatter Tables are based in **Daisy's Café** and run Monday – Friday at 10:00 – 11:00 am. Open to all, these tables are a chance to come in, have a drink and meet our volunteers who are ready to chat. Whether it's your first time to Sage House or you're a regular the volunteers are happy to talk to everyone.



Scrabble Club

Join us for Scrabble Club which is taking place every other Tuesday (4th & 18th), here at Sage House! Enjoy a game of scrabble, chat and relax with others as part of this new activity being hosted throughout the month of October.



What's On

Dambusters with Harry Sherrard

Wednesday 26th November, 6pm-7.30pm.

On 16/17 May 1943, RAF 617 Squadron used Barnes Wallis's "bouncing bomb" to breach two German dams, crippling industry and boosting Allied morale. Join Harry Sherrard for this fascinating presentation about one of the greatest feats of arms of World War 2. £10 per person, includes tea, coffee and cake. Visit dementiasupport.org.uk/whats-on for tickets.



Christmas Lunches

5th, 10th & 16th December, 1 - 3pm

Enjoy a Christmas lunch at Sage House complete with all the trimmings, and be entertained across respective dates by singer and entertainer Dawn Gracie, singer and instrumentalist Adrian Acton, and cellist Dorottya Etheridge. £16 per person, which includes a two course lunch with coffee and entertainment. Speak to reception or visit dementiasupport.org.uk/whats-on for tickets



How to Book

Booking is essential for all Sage House activities and can be done online or over the phone.

It's quick and easy to book your activities online. Simply visit dementiasupport.org.uk/activities, or scan the QR code below with your phone or tablet's camera.

Then just choose your activity and the date you'd like to attend and fill in a few details to reserve your space. You can book online at any time.

Alternatively, you can call **01243 888691** or ask at reception to book. Our opening hours are Monday - Friday, 9am - 4pm.



Scan here!



If you have any questions, please contact us:

01243 888691

info@dementiasupport.org.uk

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