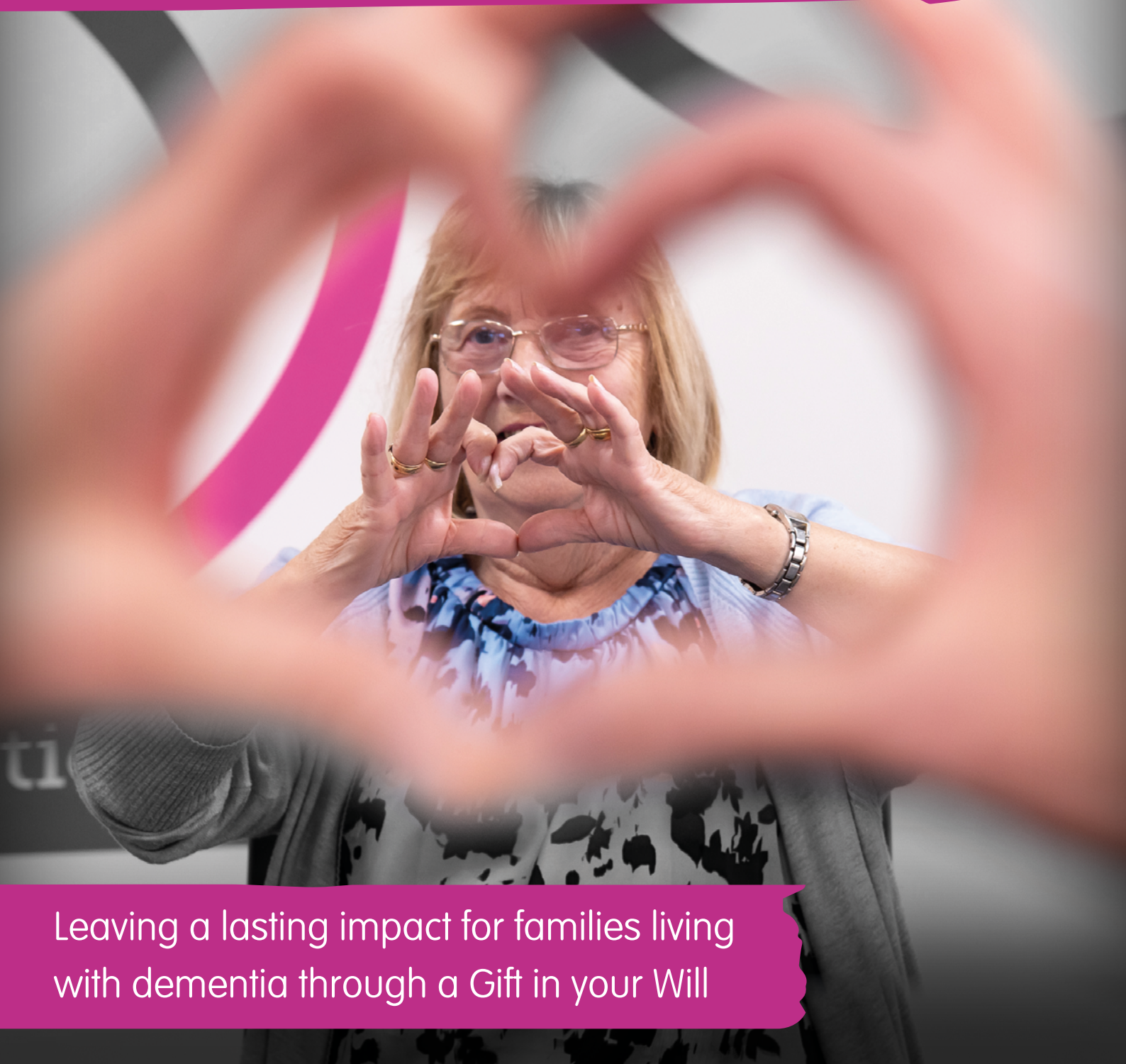


Your guide to
Gifts in Wills

TANGMERE
SageHouse
by  **Dementia
SUPPORT**



Leaving a lasting impact for families living
with dementia through a Gift in your Will



"I would not, and I mean this hand on heart, I would not have got through the last 8 months without their support."

"I'm very aware of the immense difficulty and isolation a dementia diagnosis can bring and know only too well how vital the right support is. Thankfully, Dementia Support was there for us and is there for the whole family, and they're determined to be there for the rising numbers of families who will need them in the future too."

Fiona, carer for her Mum.

Dementia Support's vision is a society where dementia is wholly understood and accepted, enabling people living with dementia to be fully supported throughout the whole of their journey.

We do this through:

- ✿ Delivery of seamless and holistic care from a centre of excellence for local people living with dementia.
- ✿ Bringing together dementia services in the area into one location and being an integral part of the community.
- ✿ Giving person-centred information, guidance, support, and care at a level that suits each family.
- ✿ Ensuring people living with dementia are treated with dignity, respect, are listened to at all times, and are at the centre of everything we do.
- ✿ Providing dementia training and being a beacon for best practice in the provision of dementia services.

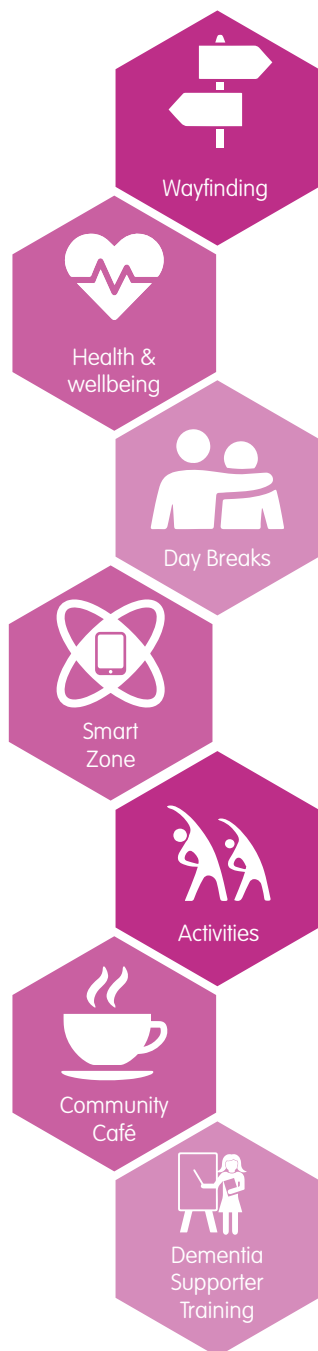
Who we are:

In 2014 Dementia Support was established, to give help, guidance, and care for people and families in our community living with dementia. Dementia is a complex disease that requires personalised support and services that fulfil different needs.

From the outset we recognised that navigating the complex journey from pre-diagnosis of dementia was extremely difficult and highlighted the need for a collaborative approach of services for people affected.

Dementia Support is now transforming the way that people with dementia are cared for and supported in our society. We receive very little government funding, and our services are either free or affordable for all. We are dependent on voluntary donations for 80% of our income.





Sage House, Dementia Support's Hub, was opened on 8th May 2018. A unique, warm, friendly, and supportive location for the community. Purpose built, through kind, generous, and numerous donations all with the knowledge that significant benefits would be achieved from a purposeful facility that enables all aspects of dementia care to be provided and coordinated from a central location.



Since opening we have directly supported over 3,000 people affected by dementia, their family, friends, and carers. To do this we have continued to expand our teams to be able to provide the individual and personalised support required, a varied calendar of activities, events, support groups, personal and wellbeing care services.



Donations enable us to consistently deliver annually:

- 1,668 people receiving personalised Wayfinding support
- 2,900 Day Break sessions, with 2,900 respite days for carers
- 702 fun and social interaction activity sessions
- 403 haircuts in our dementia friendly salon at Sage House
- 170 bathings in our mobility friendly bathroom
- 129 therapy appointments

However, there continues to be more families reaching out for support and a waiting list for our Day Breaks.

We welcome you to be part of our vision for the future. Your gift will be at the heart of helping families cope with emotional, physical, social, and financial challenges throughout their dementia journey, and enabling us to raise awareness of dementia and expand our broad range of support services.



Donations from our supporters enables Dementia Support to provide free and personalised help to individuals and families.



By making special provision for Dementia Support in your Will, your gift can help people living with dementia in the future. Your gift will enable individuals, couples, families, and loved ones to better understand, cope, and be supported through their dementia journey.

Free Wayfinder advice and support

Our Wayfinders are knowledgeable, dynamic, innovative, and above all understanding. They provide specialist advice and emotional support to help people living with dementia, their families, and carers receive the best possible care personalised for their needs.

Available freely and ongoing, our Wayfinders get to know the person and family, supporting them continuously throughout their dementia journey on all aspects of dementia, from understanding the early signs, managing changes, solving problems that arise, through to emotional support following a loss, and for as long as the family may need them.

"I feel part of a community".



CONNECTED
with the services they need



ABLE
to better cope with new challenges



EXPERIENCE
reduced social isolation and loneliness

Day Breaks specialist respite care & Wellbeing activities

Our Day Breaks service provides specialist day care for people living with dementia. The service not only benefits the individual with dementia but provides a much-needed respite break for carers and families. Each day is different with meaningful and enjoyable activities designed and planned to promote social interaction and cognitive stimulation.



"This was not the life that we anticipated, and if it hadn't been for Sage House, I don't know who I would have had supporting me, or where we would have gone."

Kate & Brian.

Dementia support for all

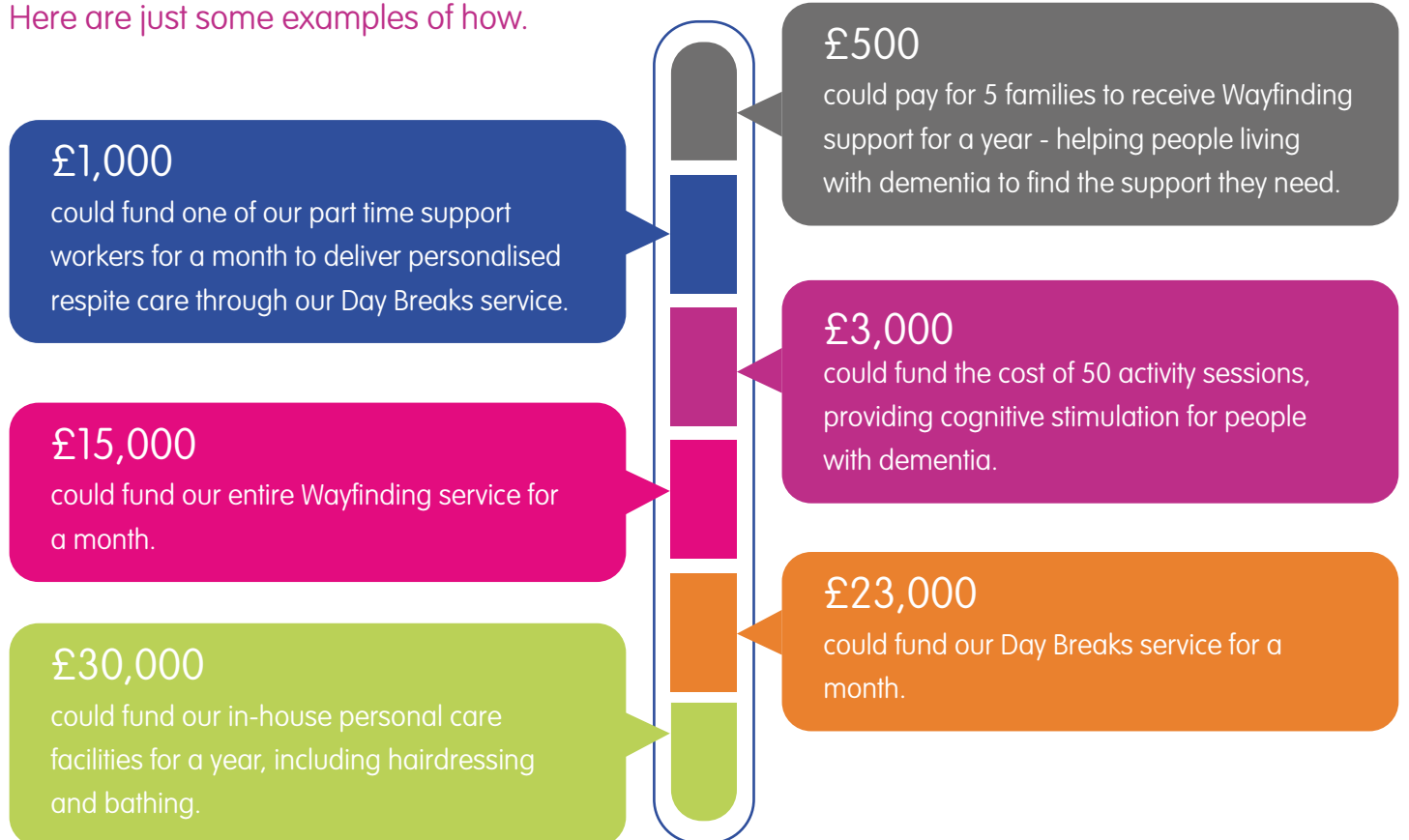
Through services at Sage House and outreach hubs in local communities, we are helping to change how dementia is supported for everyone, for good.

Your legacy will help to create a better future for families living with dementia.

Your gift could make all the difference



Here are just some examples of how.



Our promise to you:

- 🌸 Your gift will always be remembered at Dementia Support
- 🌸 We are always here if you'd like to talk to us about leaving a gift in your Will
- 🌸 We do not put any pressure on you in making your Will
- 🌸 We fully understand that your loved ones come first
- 🌸 If your Will states how you wish for your gift to be used, we will honour this
- 🌸 Any information you share with us will be kept confidential
- 🌸 Every gift, whatever its value, will be used to give the greatest impact for years to come, to individuals, couples, and families who are living with dementia

"As Ella's dementia progressed, she loved going to Sage House Day Breaks. I think it gave her a sense of independence, and she enjoyed the company of others.

When I picked her up, we'd sit in the café and chat with other customers. It was so relaxed and reminded me of times gone by when we'd see friends for coffee on Sunday mornings.

For those moments, I had my Ella back, for which I'll be forever grateful. I've left a gift in my Will to Dementia Support in the hope that I can help another couple keep precious memories safe."

Charlie, Ella's husband

You can help people affected by dementia to receive the respect and support they need.



The challenges of Dementia

When diagnosed with dementia, a person, their family, and friends are often fearful for the future. It can be daunting, frightening, and worrying. Numerous questions arise, such as: Does my loved one understand that he or she has been diagnosed with dementia? How does dementia progress? What help is available? Where can I find the help when we need it? How will our relationships be affected? Will we be able to keep each other safe? What will happen to all our precious memories?

The questions and answers are different for everyone – each families journey is unique, but with the right support, it is possible to better understand and cope with dementia, and to keep each other safe and protect precious memories of happy times together.

Dementia now affects more people than ever before – and the number is rising.



944,000

Number of people with dementia in the UK (Department of Health)



One Million

people in the UK will have dementia by 2030 and this will increase to 1.6 million by 2050



1 in 3 people

born this year will develop dementia in their lifetime.



17,500

living with dementia in West Sussex.

Sadly, there is currently no cure, but through personalised support there's so much more we can do together to help families

Help families understand

Dementia is a devastating, constantly evolving condition which has a huge impact on everyone it touches, including family, carers, and friends.

The physical changes in the brain caused by dementia can affect memory, behaviour, movement, balance, impaired judgement, hallucinations, language, speaking, and mood. One person might have difficulty with movement and speech, whilst someone else might struggle with memory.

With over 200 different types of dementia, every individual and family require personalised support to help them navigate their way through their hugely challenging and changing journey together.

Help families cope

Our flagship dementia hub, Sage House – the first of its kind in the UK – offers a range of dementia services under one roof. From the moment a person walks through the door, gives us a call, or sends us an email they are supported through whatever challenges they may face. This could be from pre-diagnosis, following a new diagnosis, or at any time on their journey.

Your gift could help provide empowering courses, wellbeing activities, personalised Wayfinding support, respite care, a friendly ear to listen, a range of resources, or a place to meet.

* Statistics provided by Alzheimer's Research UK <https://www.dementiastatistics.org>



There are 3 types of gifts you could leave to a person or charity in your will, should you choose to do so. Here are some of the key legal words and terms explained:

Residuary gift



A gift of a percentage share of your estate. Also known as a Residuary gift after all debts, funeral expenses, tax, and any other specific gifts to family and friends have been deducted.

Pecuniary gift



A gift of a fixed sum of money, also known as a Pecuniary gift. This would ensure a set amount of money from your Will is allocated to Dementia Support.

Specific gift



A gift of a particular named item, also known as a Specific gift – for example, a piece of jewellery, furniture, a painting, buildings, land, house contents, or shares.

The challenges of Dementia

Holly is the youngest child of Gillian and Donald, who were married for 72 years. With her parents' increasing frailty but wishing to remain living in their own home, Holly moved in to take care of them. Holly reflects "It is not just about memory loss... Dad's loss of cognitive ability, to be able to make decisions, spatial awareness. He would lie in bed at night saying, *"I'm frightened, what is happening to me?"*

Holly reached out to Dementia Support, and we began to help the family, initially through our Wayfinding advice service, then attending Day Breaks, and partaking in our well-being activities and services. "I was blown away by all the facilities and everything that was on offer."



Following Donald's passing, Gillian, who is 94, together with Holly continue to visit Sage House, having a coffee in the café, before Gillian has a day in Day Break, having her hair cut in our dementia friendly salon, participating in activities, and Holly has some respite time for herself. "I know Dad really loved coming here and Mum still loves coming here. Until you know someone with dementia and the impact that it has you don't realise the help that is needed, and I think there should be a Sage House in every county."



Leaving a gift in your will is an important decision to make, but even the smallest gift will have a great impact to our vital work. Thank you for considering Dementia Support.



Making or changing a will might seem daunting, and it could be something you've been putting off. However, an up-to-date, professionally written Will is important and easier than you might think. Writing your Will or updating it to include a gift to Dementia Support isn't complicated or costly.

Over the following few pages we provide information to help you prepare and plan to write your Will.

Here are 3 simple steps to making your Will:

- 1** Plan your will using our will-planning checklist and make any notes you think about on our thoughts page
- 2** Start creating your will - online, over the telephone, or make an appointment with a solicitor
- 3** Receive a copy of your Will, get it witnessed and signed, and keep it safe



Using your own solicitor

If you choose to use your own solicitor, to request an amendment or addition to your will for a gift to Dementia Support, please ensure you include the following information:

Our charity name: Dementia Support

Our registered charity number: 1158640

Our main address: Sage House, City Fields Way, Tangmere, West Sussex, PO20 2FP





We have included below the most frequently asked, along with our answers. Should you not find your question here, please do get in contact with Dementia Support, or a local solicitor, or the Citizens Advice Bureau for help.

Do I need to make a Will?

Your wishes, circumstances, and family arrangements can change over the years. To ensure your wishes are met and your loved ones and the causes you care about are looked after, an up-to-date Will is essential. If you die without a Will, the government will coordinate the distribution of everything you own (your estate), and they won't know your wishes or preferences.

When can I make a Will?

It is never too early, if you're over 18 you can make a Will, and it is easy to change and update your Will to reflect your changing circumstances

How can I be sure my Will is valid and accurate? Do I have to have a solicitor?

A Will is a legal document and trying to write your own can be difficult. We recommend a solicitor or professional Will-writer to make sure that your will is prepared and approved by an experienced person and legally correct.

What is an Executor?

An Executor is a person responsible for making sure the instructions in your Will are carried out as you requested. You can choose up to four Executors. These can be friends, family, or a solicitor. Please remember to check with them that they are able to take on this important role.

How do I know what to leave?

To decide what to leave, you must first know the value and contents of your estate. That means estimating the combined value of all your assets (money, property, and possessions). You can use our checklist to do this. Once you have your total assets, you need to deduct the value of your debts. The final figure you come to is the value of your estate. Now you can draw up a list of everyone you wish to benefit from your Will, by what or how much, and in what way – and if you would like to give a gift to Dementia Support.

Do I have to pay Inheritance Tax (IHT)?

If the value of your estate (your assets minus your debts) is over £325,000, Inheritance Tax will be payable on the excess at a current rate of 40%. All gifts to charities however are exempt from Inheritance Tax and the value of your estate is calculated after the value of those gift(s) have been deducted. Currently, where 10% or more of an estate is left to charity a reduced rate of 36% IHT is applied. For this purpose, the net estate is the value after deducting all IHT exemptions, relief, and the nil rate band. There may be other ways of reducing your IHT and we advise that you speak to a solicitor or other financial advisor for advice.

Can my Will include arrangements for my funeral?

Yes, when your Will is created you may also take the opportunity to specify any requests regarding your funeral arrangements. For instance, you may consider including a wish that donations are made to Dementia Support in lieu of flowers at your funeral. Donations in-memoriam are also a special source of income for Dementia Support.

Using a checklist can help you prepare



Here is a simple checklist to help you with three important parts of your Will. (Please note, completing this checklist is not a substitute to a Will and is not legally binding in any way).

- A – Calculate the value of your estate by listing the value of everything you own and subtracting any debts you owe.
- B – Decide who you would like to leave gifts to and what you want them to receive.
- C – Decide who you want to be your executor(s) and, if you have any children under 18 years of age, who you would like to be their Guardian(s).

ADD UP WHAT YOU OWN (current value)

Possession assets

Home/property	£
Furniture	£.....
Other home contents	£.....
Car	£.....
Jewellery, paintings, antiques	£.....

Financial assets

Amount in bank accounts	£.....
Amount in savings accounts	£.....
Personal life assurance (sum assured)	£.....
Stocks, shares, other	£.....
Are you owed any money?	£.....
Pension plan	£.....
Other policies	£.....
TOTAL ASSETS	£.....

DEDUCT WHAT YOU OWE (current value)

Mortgage outstanding	£
Loans outstanding	£
Overdrafts outstanding	£.....
Credit card debts	£.....
Other money owed	£.....
TOTAL DEBTS AND LIABILITIES	£.....

TOTAL NET VALUE OF YOUR ESTATE £.....

(Total of all assets, minus total of debts and liabilities)

- B – Names of people and/or Organisations and what I would like to gift to them

Names, Address, Telephone, Email, Relationship to you:

- C – Names of Executors and Guardians (if applicable)

Names and their responsibilities:

A Gift from a Will, no matter what value, will help us to continue to provide existing and introduce new services.

Thank you from all of us

We're extremely grateful that you are considering leaving a gift in your will to Dementia Support. Our life-changing work couldn't be possible without generous support from kind-hearted people like you. Leaving a Gift to Dementia Support gives families living with dementia the chance to manage the challenges they face and be supported at every step of their journey.



You are helping us be there every day for people like, Louise and her mum Alex, caring for her husband Christopher, Louise reflects: "As a family we are so relieved to know that at Sage House everything is accommodated. It's a great support for mum and dad, myself, and our extended family, it supports a lot of people."



Message from Sally our CEO, and our Trustees

The impact of your donation is immense. It can transform a family's life and be the building block for all the support given and coordinated through Sage House. Your Gift in your Will can influence our daily work as well as our long-term future.

With the rising numbers of people diagnosed with dementia and the increased need for our services it is clear future generations will need us even more.

Dementia Support understands that your Will is your very personal impact on the future and taking care of those closest to you will be your priority. If you can consider leaving a lasting Gift in your Will to support families throughout their dementia journey, we would be honoured to receive it.

Thank you for your consideration of Dementia Support and for sharing in our vision.

We hope you find all the information you may need, but please do contact us if you would like to know more.



legacies@dementiasupport.org.uk



Dementia Support



dementiasupport.org.uk/gift-in-wills



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