

Day Breaks Volunteer Role Description

What is a Day Breaks Volunteer?

Day Breaks Volunteers help support a variety of dementia friendly group sessions for Sage House customers who attend for the day to participate in activities and have lunch.

What does it involve?

- ✿ Meet with team lead for Day Breaks to find out what activities are scheduled
- ✿ Welcome customers with care in a positive manner
- ✿ Show customers to their seats, being mindful of potential mobility issues
- ✿ Prepare refreshments such as tea/coffee/water for Day Break customers
- ✿ Set up tables/chairs as required for each activity
- ✿ Being involved in activities and helping support people living with dementia to participate
- ✿ Integrate with all Day Break customers who require differing levels of support and offer help in a supportive manner
- ✿ Tidy away resources and refreshments used during each activity
- ✿ Feedback to Day Breaks team lead any pertinent information from customers

What are the Benefits?

- ✿ Being part of a friendly and dedicated team
- ✿ Meet and interact with new people
- ✿ Gain new experience
- ✿ Great personal satisfaction through making a real difference to Sage House, our customers living with dementia and the wider community

General Information

This role will suit someone that has background experience as a Support Worker/Nurse or people who have a friendly and enthusiastic manner and enjoy talking with people. It can sometimes be physically and emotionally demanding, and you may be on your feet during some activities.

Volunteers are able to support Monday to Friday and we would be happy to meet to discuss this volunteering opportunity further.

Training

You will have the opportunity to attend Dementia Supporter Awareness Training.